

OSC304

## **NR-35 - Training Qualification for Working at Height - 8h**

<b>Varighet</b>	8 Horas
<b>Målgruppe</b>	Employees who perform activities at height.
<b>Krav til forkunnskap</b>	<ul style="list-style-type: none"><li>- RG and CPF;</li><li>- Passport (Expatriate);</li><li>- Occupational Health (ASO) or certificate of good physical and mental health conditions.</li></ul>
<b>Hovedmål</b>	To qualify workers to carry out work at height safely.
<b>Innhold</b>	<ul style="list-style-type: none"><li>a) law and regulations applicable to the work at height;</li><li>b) risk analysis and precluded conditions;</li><li>c) potential risks inherent in work at height and prevention and control measures;</li><li>d) systems, equipment and procedures for collective protection;</li><li>e) personal protective equipment for work at height: selection, inspection, conservation and limitation of use;</li><li>f) typical accidents in work at height;</li><li>g) conduct in emergency situations, including notions of rescue techniques and first aid.</li></ul> <p>Technical Reference: NR35, NR06, NR18 e NR34.</p>
<b>Eksamen</b>	<p>The delegates will be evaluated through direct observation.</p> <p>Validity: 2 years</p>