

OBS1063

## Basic Safety Training - Refresher Course (English)

<b>Varighet</b>	2 days
<b>Målgruppe</b>	Offshore personnel who have to repeat the Basic Safety and Emergency preparedness training.
<b>Krav til forkunnskap</b>	Valid Offshore Norway Basic Safety and Emergency preparedness training course or equal training according to the Recommended guidelines for safety and emergency preparedness training 002.
<b>Hovedmål</b>	<p>Update the course participants knowledge and ability to protect his/her safety in an emergency situation and promote safe behaviour.</p> <p>After completing the course, the participants should have maintained and updated knowledge and skills relating to:</p> <ul style="list-style-type: none"><li>-Correct safety behaviour</li><li>-Use of a hand-held fire extinguisher</li><li>-Lifesaving first aid</li><li>-Use of escape chute</li><li>-Correct use of survival suit with emergency breathing system</li><li>-Helicopter evacuation (HUET)</li></ul>
<b>Innhold</b>	<p>Introduction Fire protection Sea survival First aid Helicopter evacuation</p> <p>The course mainly consists of practical training and drills.</p> <p>HSE culture/behaviour training will be integrated in the entire course.</p>
<b>Eksamen</b>	None