

OTC303

Training for Rescue at Heights 16h

Duration	2 days
Target group	It is intended for emergency response team members who will act at heights.
Prerequisites	<ul style="list-style-type: none">- RG and CPF (Brazilians)- Passport (Expatriates);- Occupational Health Certificate or certificate of good physical and mental health conditions;- Provide a copy of valid certificate for Work at Heights Training according to the Regulatory Norm 35;
Objective	This training aims to provide a set of definitions, competencies and procedures for the composition of a service of rescue from heights. Part of this is also to introduce safety and protection procedures for rescuers, correct use and selection of appropriate equipment and the stabilization and removal of casualties at heights. Finally, meet national and international legal and contractual requirements for rescue at heights.
Contents	<p>Theory Module - 04 hours:</p> <ul style="list-style-type: none">- Legal Aspects and Responsibilities; Norms and Procedures; Definition of Work at Height; Definition of Rescue at Heights Team; Common Accidents and Injuries Produced by Protection Equipment; Inert Suspension Trauma; Presentation of Equipments for Rescue. <p>Practical Module - 12 hours:</p> <ul style="list-style-type: none">- Familiarization; Presentation of Equipment; Knots and Anchors; Effort Reduction System; Rescue using Lanyards; Fulfill Plan for Rescue at Height; Rescue Practice using the Envelope Stretcher / Basket / Rescue Triangle / KED; Rescue Practice using fixed and temporary platforms. <p>Technical Reference: SIT Ordinance n.º 313, de 23/03/12, NR 35;</p>
Exam	<p>N/A</p> <p>Validity: N/A</p>