

OSC313

## NR-34 - Complementary Course For Operators of Lifting Equipment - 20h

| Duration      | 2½ days                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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| Target group  | Cargo lifting operators, such as Crain operators, forklift, bridge crane and others.                                                                                                                                                                                                                                                                                                                                                                                                           |
| Prerequisites | - RG and CPF;<br>- Passport (expatriate);<br>- Health certificate (ASO) and certificate on Basic Cargo Handling Operation<br>Course.<br>- Submit certificate of NR-34 - Basic Safety Course in Cargo Handling<br>Operations - 20h training                                                                                                                                                                                                                                                     |
| Objective     | To capacitate operators to analyze the environment and to do safe cargo handling operations.                                                                                                                                                                                                                                                                                                                                                                                                   |
| Contents      | <ul> <li>Work Accident and its prevention;</li> <li>Personal Protective Equipment and Collective Protective Equipment;</li> <li>Applicable disposals from Regulatory norms (NR 6, NR 10, NR 11, NR 17 and NR 34);</li> <li>Lifting equipment (types, inspections and accessories);</li> <li>Special risky situations (cargo handling in proximity to electrical network, adverse weather conditions and others);</li> <li>Ergonomics;</li> <li>Practice;</li> <li>Final evaluation.</li> </ul> |
| Exam          | The students will be evaluated through direct observation at practical activities and an evaluation will be done by the end of the course, with the passing average of 60%.                                                                                                                                                                                                                                                                                                                    |

Validity: N/A