

OSC312

## NR-34 - Basic Safety Course in Cargo Handling Operations - 20h

| Duration      | 2½ days  |
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| Target group  | Deck assistants, banksman and handlers that are involved in cargo operations.  |
| Prerequisites | - RG and CPF;<br>- Passport (expatriate);<br>- Occupational Health (ASO) or certificate of good physical and mental<br>health conditions.  |
| Objective     | To train and capacitate cargo handling professionals, through the maneuver of cargo handling in accordance with procedures and required regulatory norms.  |
| Contents      | Theory: 12h<br>• Basic Concepts;<br>• General concepts (hoisting equipment, lifting accessories, steel cable);<br>• Load capacity table and lifting angles;<br>• Operation (hazardous cargo, small parts, tubes profiles, plates and<br>shafts, etc.);<br>• Signals and communication during the handling of loads;<br>• Safety in cargo handling.<br>Practical: 08h<br>• Practical exercise;<br>• Final evaluation.<br>Technical Reference: |
| Exam          | NR6, NR10, NR11, NR17, NR18, NR34 e NBR11436.<br>The students will be evaluated through direct observation at practical  |
|               | activities and an evaluation will be done by the end of the course, with the passing average of 60%.   |

Validity: N/A