

NSC400

## **Bideltoid (Shoulder) Measurement**

<b>Duration</b>	15 minutes
<b>Target group</b>	Employees travelling offshore by helicopter
<b>Prerequisites</b>	<p>None</p> <p>The delegate should wear a sleeveless top or bare arms for being measured.</p> <p>The measuring will be done during the course day.</p>
<b>Objective</b>	EASA (European Aviation Safety Agency) has implemented regulation AMC1 SPA.HOFO.165 (h) which means that from 1 November 2018, all passengers travelling offshore by helicopter will be required to sit in a seat where the nearest underwater emergency exit is compatible with their body size.
<b>Contents</b>	<p>Helicopter passengers will be measured by the width of their shoulders and those whose shoulder width is greater than 55.9 cm will be classified as XBR.</p> <p>Passengers measuring 54.8 cm and above will need to be re-measured after 4 years.</p>
<b>Exam</b>	None