

MSE400

STCW - Personal Survival Techniques

Duration	1 day
Target group	<p>Personnel in the need of a sea survival course according to STCW A-VI/1-1 excluding first aid, fire fighting and personal responsibilities</p> <p>The course is typically used by personnel from the maritime sector who needs to be a part of the safe manning crew.</p>
Prerequisites	None
Objective	To give the delegate the theoretic and practical skills needed to ensure the correct use of the available life saving appliances. Thus enabling the delegate to survive a given emergency at sea in the case of abandonment.
Contents	<p>Theory:</p> <ul style="list-style-type: none">- Emergency situations at sea- Evacuation- Personal life saving appliances- Collective life saving appliances- Distress signals- Survival techniques in water- Search and rescue <p>Practical exercises:</p> <ul style="list-style-type: none">- Personal life saving appliances- Conventional liferaft- Survival in water- Evacuation by means of evacuation ladder and helicopter rescue- Evacuation exercise
Exam	None, but all course must be completed with satisfaction for handing out certificate.