

MFA400

## First Aid STCW A/VI 1-3

Duration	8 Hrs
Target group	Personnel that are required to have the STCW basic pack before working onboard a ship.
Prerequisites	NA
Objective	STCW A-VI/1-3 The aim of the course is to ensure participants acquire theoretical understanding and practical skills in first aid so that they are able to sustain life and revive people in the important minutes from an accident, or sudden illness has occurred, until the professional assitance can take over.
Contents	<ul> <li>Emergency action plan</li> <li>Essential first aid</li> <li>The vital transportation of oxygen.</li> <li>Reduced or stopped breathing.</li> <li>CPR</li> <li>Causes of shock.</li> <li>Shock Prevention.</li> <li>Pressure Bandages</li> <li>Call for help</li> <li>Electrical accidents.</li> <li>Exposure</li> <li>Sudden illnesses.</li> <li>Psychological First Aid</li> <li>Scenario training.</li> <li>Practical exercises."</li> </ul>

Exam

NON The Delegate are assessmed during the course.