

<b>Course code</b>	PFARDL001
<b>Course name</b>	Introduction to First Aid
<b>Duration</b>	45 Minutes
<b>Target group</b>	Basic First Aid
<b>Prerequisites</b>	No prerequisites are required to sit this course.
<b>Objective</b>	<p>LO1: Explain different Basic Life Support guidelines  LO2: Explain the relevant national and global legislation  LO3: Explain the normal life conditions for the human body  LO4: Explain the vital systems of the human body  LO5: Explain safety in an emergency situation  LO6: Explain how to manage an incident  LO7: Explain the 'C'-A-B-C Principle  LO8: Explain haemostasis of critical/catastrophic external haemorrhage  LO9: Explain first aid for obstruction of airways  LO10: Explain first aid for an unresponsive casualty  LO11: Explain the theory and practice of AEDs  LO12: Explain first aid for external and internal bleeding  LO13: Explain shock  LO14: Explain secondary survey  LO15: Explain different incident types  LO16: Explain minor to serious incidents  LO17: Explain psychological First Aid</p>
<b>Contents</b>	The aim of this course is to provide the delegate with an awareness of key first aid basics. You will learn about the associated legislation, human anatomy, how to manage a first aid incident and lifesaving using primary and secondary survey methods.
<b>Exam</b>	The assessment is taken during the course and is within the expected duration.