

IFAAZ001

Basic First Aid

Duration	0.5 Day
Target group	This course is designed for personnel designated as emergency First Aiders on facilities located onshore and offshore.
Prerequisites	N/A
Objective	During the course delegates will gain a basic level of understanding and demonstrate to a level of competence all aspects of basic emergency first aid.
Contents	<ul style="list-style-type: none">- Introduction to First Aid- Principles of First Aid- Assessment of casualties and threats to own Safety- Body Structure and Functions- Cardio Pulmonary Resuscitation (CPR)- Bleeding and Wounds- Choking- Management of Shock- Burns and Scalds- Fractures and Dislocations- Transport of Casualties- Bandages and use of Emergency First aid Kit
Exam	Test paper is used to check delegates understanding of subject.