RelyOn Nutec
360° Safety

PFARDL001

Introduction to First Aid

Duration	45 Minutes
Target group	Other Industries (military; leisure; aviation; public; others; etc.)
Prerequisites	No prerequisites are required to sit this course.
Objective	LO1: Explain different Basic Life Support guidelines LO2: Explain the relevant national and global legislation LO3: Explain the normal life conditions for the human body LO4: Explain the vital systems of the human body LO5: Explain safety in an emergency situation LO6: Explain how to manage an incident LO7: Explain the 'C'-A-B-C Principle LO8: Explain haemostasis of critical/catastrophic external haemorrhage LO9: Explain first aid for obstruction of airways LO10: Explain first aid for an unresponsive casualty LO11: Explain the theory and practice of AEDs LO12: Explain first aid for external and internal bleeding LO13: Explain shock LO14: Explain secondary survey LO15: Explain different incident types LO16: Explain minor to serious incidents LO17: Explain psychological First Aid
Contents	The course is available in the following languages: English; Indonesian; Bahasa Malay; Thai; Turkish The aim of this course is to provide the delegate with an awareness of key first aid basics. You will learn about the associated legislation, human anatomy, how to manage a first aid incident and lifesaving using primary and secondary survey methods.
Exam	The assessment is taken during the course and is within the expected duration.