RelyOn Nutec
360° Safety

OSPMY158

# GWO BST - Manual Handling

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| **Duration** | 0.5 day |
| **Target group** | Personnel who will be working in the wind industry or related fields and will have their duties in a wind turbine environment, usually in physical contact with a wind turbine or an offshore wind structure.<br>Personnel that performs job functions that has been risk assessed by their employer or their workplace duty holder as a function, where training according to one or more.<br>modules of the BST standard may mitigate of the identified risks. |
| **Prerequisites** | All personnel participating in Basic Safety Training shall be medically fit and capable of fully participating.<br>Training providers shall have a procedure that requires Delegates to sign a statement stating that they are medically fit to participate in the safety training and that they do not suffer from any medical illness or are under influence of any narcotic substance or alcohol.<br>The Annex 2: Medical Self-Assessment Form shall be used if no other equivalent procedure is in place.<br>Delegates' signatures testifying to their medical fitness shall be collected prior to the start of the basic safety training course.<br>Furthermore, Delegates shall have created a personal Delegate profile in WINDA and provide their own WINDA ID prior to completing the BST training. |
| **Objective** | The aim of this Module is to encourage positive Manual Handling and ergonomic behaviour, encourage delegates to consider alternatives to manual handling through planning and to train delegates ability to perform Manual Handling tasks in a safe manner in the wind turbine industry/environment.<br>The training shall be designed to improve and refresh Delegates' awareness through both theoretical knowledge and practical training. The main focus shall be on eliminating risk and controlling hazards and practicing correct techniques if elimination is not possible. |
| **Contents** | The BST Manual Handling Module shall ensure that:<br>1) The Delegates are able to demonstrate a problem-solving approach to Manual Handling n a wind turbine environment (L3 – Skill)<br>2) The Delegates are able to demonstrate Manual Handling risk reduction techniques (L3 – Skill)<br>3) The Delegates are able to identify aspects of their job tasks that could increase their risk of developing muscular/ skeletal injuries (L2 – Knowledge)<br>4) The Delegates are able to demonstrate understanding of the importance of carrying out work duties in a safe and sound manner in accordance with the legislative requirements<br>of their geographic work location (L2 – Knowledge)<br>5) The Delegates are able to demonstrate understanding of safe practices of Manual Handling, including the correct handling of equipment (L2 – Knowledge)<br>6) The Delegates are able to identify signs and symptoms of injuries related to poor Manual Handling techniques and have knowledge of reporting methods (L2 – Knowledge) |

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| **Exam** | Not applicable |