

OSPMY127

## Rescue At Height Level 1 (Rope Access) - SMEP

<b>Duration</b>	4 days (80 % Practical)
<b>Target group</b>	This course is designed for designated Fire Team Leader and SERT personnel (including Team Members and Supporting SERT Team) in organization where personnel are exposed to working at height operations.
<b>Prerequisites</b>	All delegates must be in possession of a valid medical certificate and Working at Height Level 1 & 2.
<b>Objective</b>	During the course delegates will learn and demonstrate an understanding of the activities and hazards related to Working at Height. Delegates will also demonstrate to a level of competence self rescue techniques and apply the various methods of Rescue from Height.
<b>Contents</b>	<p>Application of equipment used for Working at Height, Inspection of Personal Fall Protection equipment</p> <p>Application of various Knot, Tie-off position &amp; Fixed Anchorage Equipment used for Rescue from Height</p> <p>Application of equipment used for Rescue from Height PPE required for Rescue from Height</p> <p>Rescue from Height – Response Methodology</p> <p>Self-Rescue Techniques in an emergency situation</p> <p>Rescue after a fall - Lowering and Lifting</p> <p>Recovery of a suspended person to a safe place by lowering or raising Rappelling / Abseiling - Buddy Rescue Rescue from height - Stretcher Lowering</p> <p>Recovery of an injured casualty by lowering to a safe place Rescue – Operational Approach Stretcher Operation – Litter Tender</p>
<b>Exam</b>	N/A