

OSPMY028

Working At Height/Rescue Level 3

Duration	1 days
Target group	This course is designed for personnel designated as Emergency Response Team members in organization where personnel are exposed to working at height operations .
Prerequisites	All participants must be in possession of a valid medical certificate and Working at Height Level 1 & 2.
Objective	During the course participants will learn and demonstrate an understanding of the activities and hazards related to Working at Height. Participants will also demonstrate to a level of competence self rescue techniques and apply the various methods of Rescue from Height.
Contents	Principles of Working at Heights Activities relating to Working at Height Legislation - Acts, Regulations, Guidelines relating to Working at Height Hazards relating to Working at Height Hazard Management & Control Equipment used for Rescue from Height Application of equipment used for Rescue from Height PPE required for Rescue from Height Self-Rescue Techniques in an emergency situation Rescue from Height - Response Methodology
Exam	N/A