RelyOn Nutec
360° Safety

OSPMY027

Working At Height Level 2

Duration	1 Day
Target group	This course is designed for personnel exposed to working at height where there is a risk of a fall liable to cause personal injury. This includes the work of scaffolders, plant operators, construction workers and maintenance personnel.
Prerequisites	Delegates must be in possession of a valid medical certificate and have undergone working at height level 1.
Objective	During the course delegates will gain a basic level of understanding of the applicable legislation, the potential hazards and PPE requirements related to Working at Height. Participants will also demonstrate safe practices while working at height.
Contents	Equipment used for Working PPE required for Working at Height Inspection of Personal Fall Protection equipment Donning of Personal Fall Protection equipment Application of equipment for Working at Height Safe practices while Working at Heights Practical of Working at Height : -Ascending and Descending step ladder's -3 Points Contact -Tie-Off Procedure -Single and Double Lanyards Application
Exam	N/A