

OSPMY026

Working At Height Level 1

| Duration | 1 Day |
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| Target group | This course is designed for personnel exposed to working at height where there is a risk of a fall liable to cause personal injury. This includes the work of scaffolders, plant operators, construction workers and maintenance personnel. |
| Prerequisites | All delegates must be in possession of a valid medical certificate. |
| Objective | During the course delegates will gain an awareness of the applicable legislation, the potential hazards and PPE requirements related to Working at Height. |
| Contents | Principles of Working at Height |
| | Activities related to Working at Height |
| | Legislation - Act, Regulations, Guidelines relating to Working at Height |
| | Hazards related to Working at Height |
| | Hazard Management & Control |
| | Equipment used for Working at Height and its application |
| | PPE required for Working at Height |
| Exam | N/A |