

OSPMY009

Rigging & Slinging/Banksman Level 1 with Assessment

Duration	3 Days
Target group	This course is designed for personnel involved in rigging and slinging operations.
Prerequisites	All delegates must be in possession of a valid medical certificate.
Objective	During the course delegates willl earn to a basic level of competence safe rigging and slinging various types of loads and safe working practices when working with wire ropes, slings and lifting appliances and routine inspection and maintenance of lifting appliances.
Contents	Accidents caused during Lifting
	Company Procedures and Legislations
	Wire Rope Slings and Shackles
	Webbing Slings
	Chain Hoists
	Bulldog Grips / Blocks / Plate Clamps
	Fall Arrest Devices / Winches / Wire Rope Sockets
	Routine Inspection of Wire Ropes and Lifting Appliances
	Correct use and Limitation of Wire Ropes / Slings and Lifting Appliances
	House Keeping and Maintenance
	Communication and Hand Signals during Lifting
	Practical Exercises involving Planning and Lifting of Various Shapes
Exam	N/A