

OFAMY001

Basic Emergency First Aid

Duration	1 Day
Target group	This course is designed for personnel designated as emergency First Aiders on facilities located onshore and offshore.
Prerequisites	All delegates must be in possession of a valid medical certificate.
Objective	During the course delegates will gain a basic level of understanding and demonstrate to a level of competence all aspects of emergency first aid.
Contents	<p>Principles of First Aid</p> <p>Assessment of casualties and threats to own Safety</p> <p>Body Structure and Functions</p> <p>Cardio Pulmonary Resuscitation (CPR)</p> <p>Bleeding and Wounds</p> <p>Management of Shock</p> <p>Burns and Scalds</p> <p>Fractures and Dislocations</p> <p>Transport of Casualties</p> <p>Bandages and use of Emergency First aid Kit</p> <p>Use of Oxygen Resuscitator</p>
Exam	N/A