

## MBSMY003

## **Personal Survival Techniques**

| Duration      | 2 Days   |
|---------------|--|
| Target group  | This course is designed for all seafarers working on ships, vessels or mobile offshore installations. The course covers requirements specified by the IMO STCW 95. |
| Prerequisites | All delegates must be in possession of a valid medical certificate.  |
| Objective     | During the course delegates will demonstrate to a minimum standard of competence set out in STCW 95: Table A-VI/1-1 Personal Survival Techniques                   |
| Contents      | Types of Emergency Situations  |
|               | Abandoning Ships Procedures  |
|               | Personal Lifesaving Equipment and Location   |
|               | Inflatable Marine Liferafts  |
|               | Enclosed Lifeboats   |
|               | Rescue Boats   |
|               | Survival Craft Equipment   |
|               | Personal Survival Techniques   |
|               | Main Dangers to Survivors  |
|               | Hypothermia  |
|               | Location Aids and Communication Equipment  |
|               | Rescue at Sea  |
| Exam          | Not Applicable   |