

## MBSMY001

## **Basic Training**

Duration	6 Days
Target group	This course is designed for all seafarers working on ships, vessels or mobile offshore installations. The course covers requirements specified by the IMO STCW95.
Prerequisites	All delegates must be in possession of a valid medical certificate.
Objective	During the course delegates will demonstrate to a minimum standard of competence set out in STCW 95: Table A-VI/1-1 Personal Survival Techniques
	A-VI/1-2 Fire Prevention & Fire Fighting
	A-VI/1-3 Elementary First Aid
	A-VI/1-4 Personal Safety & Social Responsibilities
Contents	Personal Survival Techniques and Lifesaving Equipment
	Inflatable Marine Liferafts
	Enclosed Lifeboats
	Fire Prevention and Fire Fighting
	Portable and Fixed Extinguishing Systems
	Self Contained Breathing Apparatus
	Principles of First Aid
	Resuscitation Techniques
	Bleeding, Burns and Fractures
	Basic Shock Management
	Personal Safety and Social Responsibilities
	Safe Working Practices
	Marine Pollution
Exam	Not Applicable