

OSP718

## Working at Height

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<b>Duration</b>	1 Day
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<b>Target group</b>	All personnel who are involved in height related responsibilities.
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<b>Prerequisites</b>	No prerequisite training is required.
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<b>Objective</b>	This course is aimed to provide delegates with the knowledge and understanding of safety measures and fall prevention techniques when working at height.
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### Contents

- Complying with W.A.H.R, HASWA, M.H.S.W.A, PUWER, LOLER
  - Selecting appropriate equipments
  - Safe use of Ladders
  - Safe Use of Scaffolding Platforms and MEWPS
  - Understanding the dangers of working on roofs
  - Recognising the hazards when working at height
  - Fall Prevention
  - Fall Restraint ; Fall Control/Arrest Systems
  - Fall Arrest Trauma
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<b>Exam</b>	On completion of this course, a written assessment will be taken.
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