

OFA739

Basic First Aid

Duration	2 days
Target group	The training is appropriate for personnel requiring a first aid certificate to meet the requirements of the Health and Safety at Work Act and the Health and Safety (First Aid) regulations.
Prerequisites	No prior training is required by delegates attending this training course.
Objective	The course consists of a combination of theory and practical training modules based on the HSE first aid at work requirements.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none">•Basic Anatomy and Physiology•Care of the unconscious casualty•The recovery position•Resuscitation•Shock - recognition and treatment•Wounds and bleeding•Burns - recognition and treatment of thermal, chemical and electrical burns•Fractures - recognition and treatment•Poisons - types and effects of poisoning•Illness and medical emergencies
Exam	On completion of this course, a written assessment will be taken.