

<b>Course code</b>	LBSRDL029
<b>Course name</b>	Hand Safety - Digital Learning
<b>Duration</b>	25 Minutes
<b>Target group</b>	Oil and Gas Industry
<b>Prerequisites</b>	No prerequisites are required to sit this course.
<b>Objective</b>	LO1: Understand the importance hands LO2: List the common causes of hand injuries LO3: Describe work related hand and finger injuries LO4: Explain the different treatments for hand and finger injuries LO5: Describe the hierarchy of controls LO6: Explain how to avoid hand injuries during lifting activities LO7: Explain how to select, use and care for gloves
<b>Contents</b>	This course has been designed to provide an awareness of how, and why, a wide variety of hand related injuries can occur in the workplace. You will also learn how to treat specific injuries, along with practical advice on how to prevent them from occurring in the first place.
<b>Exam</b>	The assessment is taken during the course and is within the expected duration.