RelyOn Nutec
360° Safety

PBSRDL010

Working From Home - Information for Managers

Duration	20 Minutes
Target group	Health and Safety | Oil and Gas | Maritime | Aviation | Defence | HMS |Industry |Security | Wind | Construction
Prerequisites	No prerequisites are required to sit this course.
Objective	LO1: Differentiate between the terms 'working from home' and 'remote working' LO2: Recognise the key requirements for working from home, including risk assessment and security LO3: Explain the steps to setting up your day whilst working from home LO4: Describe ways of communicating with your team, and keeping them connected whilst working from home LO5: Explain the role of technology, and how to use it effectively during remote working LO6: Explain good practice in managing your team members' wellbeing whilst working from home LO7: Recognise the signs of stress or anxiety during times of home working
Contents	The purpose of this course is to provide managers with knowledge of best practice for managing a team of home workers. The course will cover some of the key requirements to successfully enable working from home, as well as information on enabling effective communication and managing wellbeing.
Exam	The assessment is taken during the course and is within the expected duration.