

OBSRDL020

## Workplace Hazards and Personal Safety

<b>Duration</b>	60 Minutes
<b>Target group</b>	Oil & Gas Industry
<b>Prerequisites</b>	No prerequisites are required to sit this course.
<b>Objective</b>	<p>LO1: Describe the hazards and controls of confined spaces  LO2: Describe the hazards and controls of working at height  LO3: Describe the hazards and controls of suspended loads  LO4: Describe the hazards and controls of high-pressure systems and equipment  LO5: Describe the hazards and controls of flammable and explosive atmospheres  LO6: Describe the hazards and controls of moving and energised equipment  LO7: Describe COSHH  LO8: Describe the hazards and controls of manual handling  LO9: Describe the hazards and controls of the mechanical handling of heavy equipment  LO10: Describe the hazards and controls of vibration  LO11: Describe safety critical equipment and their different uses  LO12: Describe the hazards and controls of dropped objects  LO13: Describe noise hazards and how to control them  LO14: Describe the hazards and controls for slips, trips and falls  LO15: Explain process safety  LO16: Describe how you can be affected by fatigue  LO17: Explain the IOGP Life Saving Rules  LO18: Understand why you should use the correct PPE  LO19: Understand how personal actions affect work and others while on site  LO20: Describe the importance of communication and spatial awareness  LO21: Explain the reasons for reporting systems and the importance of stopping the job  LO22: Understand the role of safety committees and safety representatives</p>
<b>Contents</b>	<p>The course is available in the following languages: English; Bahasa Malay; Indonesian; Thai; Turkish  This course on workplace hazards and personal safety, will inform you about the general hazards you will find offshore, how to evaluate them, and continue to carry out your duties as safely as possible.</p>
<b>Exam</b>	The assessment is taken during the course and is within the expected duration.