

Course code	LBSRDL023
Course name	Introduction to Control of Work (CoW)
Duration	60 Minutes
Target group	Oil & Gas Industry
Prerequisites	No prerequisites are required to sit this course.
Objective	<p>LO1: Describe the Control of Work system LO2: State the purpose of the Control of Work system LO3: Identify the responsibilities of every person within the Control of Work system LO4: Identify the elements within the Control of Work system LO5: List the five steps within the Control of Work system LO6: Explain how to plan within the Control of Work system LO7: Explain the Risk Assessment process within the Control of Work system LO8: Explain how work is controlled under a Permit to Work LO9: Explain the Life Cycle of the Permit to Work LO10: Describe the Communication Processes within the Control of Work system LO11: Summarise Lock Out Tag Out LO12: Describe Sub-systems within the Control of Work system</p>
Contents	<p>The course is available in the following languages: English; Norwegian This course is suitable for all members of the work party. Real life examples of failures within Control of Work systems and their consequences will demonstrate why following procedures within Control of Work systems is essential. Candidates will also learn about Planning, Risk Assessment, Permit to Work, Lock Out Tag Out, Sub-Systems, Toolbox Talks and the responsibilities of every person under the Control of Work system.</p>
Exam	The assessment is taken during the course and is within the expected duration.