

PBSRDL010

Working From Home - Information for Managers

Duration 20 Minutes

Target group Health and Safety | Oil and Gas | Maritime | Aviation | Defence | HMS | Industry | Security | Wind | Construction

Prerequisites No prerequisites are required to sit this course.

Objective

- LO1: Differentiate between the terms 'working from home' and 'remote working'
- LO2: Recognise the key requirements for working from home, including risk assessment and security
- LO3: Explain the steps to setting up your day whilst working from home
- LO4: Describe ways of communicating with your team, and keeping them connected whilst working from home
- LO5: Explain the role of technology, and how to use it effectively during remote working
- LO6: Explain good practice in managing your team members' wellbeing whilst working from home
- LO7: Recognise the signs of stress or anxiety during times of home working

Contents

The purpose of this course is to provide managers with knowledge of best practice for managing a team of home workers. The course will cover some of the key requirements to successfully enable working from home, as well as information on enabling effective communication and managing wellbeing.

Exam This course is CPD approved. The assessment is taken during the course and is within the expected duration.