

## ITCQA002

## Working at Height & Rescue

| Duration      | 2 days  |
|---------------|---|
| Target group  | The course is designed for personnel who carry out Working at Height<br>activities on a regular basis. The course is designed for those personnel<br>who will be part of a rescue team for Working at Height activities, or who<br>are expected to perform rescue and recovery.                       |
| Prerequisites | All delegates must have a current Working at Height certificate.  |
| Objective     | The course aims to provide the delegates with the understanding of<br>working at height legislation regarding rescue and recovery, the methods<br>of rescue using rescue equipment and systems, and the understanding of<br>casualty handling.  |
| Contents      | The course consists of both theory and practical training (predominantly<br>practical).<br>The content of the course will include the following:<br>Working at Height Legislation (Rescue and Recovery)<br>Working at Height Hazards<br>Rescue and Recovery<br>Suspension Syncope<br>Rescue Equipment |
| Exam          | RelyOn Nutec approved certification will be issued on successful completion of the training programme.<br>The validity of the certificate is 2 years.   |