RelyOn Nutec
360° Safety

RBSRDL020

Hand-Arm Vibration for Wind Energy

Duration	30 minutes
Target group	Personnel who will be working in the wind industry or related fields, and will carry out their duties in a wind turbine environment, usually in physical contact with a wind turbine or offshore wind structure. Personnel that perform job functions that have been risk assessed by their employer or workplace, where training according to one or more modules of the BST standard may mitigate the identified risks.
Prerequisites	No prerequisites are required to sit this course.
Objective	LO1: Define hand-arm vibration LO2: Outline the symptoms and effects of Hand-Arm Vibration Syndrome (HAVS) and carpal tunnel syndrome LO3: Recall vibration exposure values LO4: Explain where you might be exposed to hand-arm vibration hazards in the wind industry LO5: Explain how the risks associated with vibration are assessed and controlled LO6: Outline the measures you can take to protect yourself from harmful vibration
Contents	The aim of this course is to develop understanding of hand-arm vibration and the associated health risks people may be exposed to while working in the wind industry.
Exam	The assessment is taken during the course and is within the expected duration.