RBSRDL010

Manual Handling Awareness for Wind Energy

Duration	30 Minutes
Target group	Renewable Energy Industry
Prerequisites	No prerequisites are required to sit this course.
Objective	LO1: Explain global and national legislation LO2: Explain the consequences of incorrect manual handling LO3: Describe typical muscular and skeletal injuries to the back and shoulders related to manual handling LO4: Explain the importance of early detection and treatment LO5: Describe typical injury reporting methods LO6: Explain how risk assessments are used with manual handling tasks LO7: Explain the T.I.L.E principle, and how to mitigate aggravating factors and risks LO8: Explain the risks and hazards of Manual Handling, relevant to the job functions within the wind industry and how to avoid them.
Contents	The aim of this course is to provide an awareness of the basics of manual handling in Wind Energy environments. You will gain an understanding of the associated knowledge and theory components on legislation, behavioural safety, spinal anatomy, posture and planning.
Exam	The assessment is taken during the course and is within the expected duration.