

LFAMX006

First Aid CPR and AED with certification NSC

Duration	1 Day
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Target group	Our course First Aid, CPR & AED has been designed using extensive research and educational testing to improve skill mastery and long-term retention. This course is taught in a dynamic and hands-on way with industry leading curriculum and content from the expert in occupational first aid training.
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Prerequisites

Objective	Upon completion of the course the delegate will be able to: <ul style="list-style-type: none">• Recognize an emergency• Act appropriately and effectively• Sustain life until professional help arrives.
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Contents	<ul style="list-style-type: none">• Acting in an Emergency• Preventing Disease Transmission• Check the Victim• Recovery Position• Choking• Bleeding and Wound Care• Shock• Burns• Bone, Joint and Muscle Injuries• Head and Spine Injuries• Sudden Illness• Poisoning and Allergic Reactions• Cold and Heat Emergencies• CPR and AED• Choking• Rescuing and Moving Victims
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Exam	Delegate will be assessed by exam
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