

LFAMX001

First Aid Basic

Duration	1/2 day
Target group	All the administrative and operative personnel that is integrated to the first aid brigada and that work in gas and oil processing facilities.
Prerequisites	Not applicate.
Objective	At the end of the course the personel will be capable to: To obtain the ability to react properly in an emergency or urgency situation. Assist a victim consistently with the correct procedures based on the pysthology and nature of the injuries.
Contents	The following topics will be covered during the course: • Basic stages of First Aids. • Urgency messures. • Vital Signs. • Primary and secondary assessment of the victims. • How should the first aid assistent act. • Assessment of the scene and alert voice. • Wounds: Classification and initial care. • Hemorrhages. • Burns. • Musculoskeletal injuries. • Suffocation and gas toxicity. • CPR basic and IEC. • Legal implicatios of First Aids.
Exam	Ability will be evaluated with the practical excersices.