RelyOn Nutec
360° Safety

LBSRDL007

Display Screen Equipment

Duration	30 Minutes
Target group	Other Industries (military; leisure; aviation; public; others; etc.)
Prerequisites	No prerequisites are required to sit this course.
Objective	LO1: Outline what is meant by Display Screen Equipment and its potential hazards LO2: Give an overview of common health and safety issues associated with Display Screen Equipment LO3: Give an overview of the laws and regulations concerning Display Screen Equipment LO4: Describe the Upper Limb disorders that can be associated with Display Screen Equipment LO5: Give an overview of good posture and the prevention of musculoskeletal disorders LO6: Describe the risk assessment process for a workstation LO7: Explain how to use a mouse correctly LO8: Explain how to read a screen correctly LO9: Explain how to correctly use a portable computer LO10: Discuss case studies involving health issues caused by inefficient use of Display Screen Equipment
Contents	The course is available in the following languages: English; Norwegian; Turkish This course contains information for the safe use of display screen equipment in the workplace and at home. It is suitable for everyone who uses this type of equipment and contains an assessment of the workstation. The assessment will give the user a full understanding of the potential hazards involved and how to assess whether or not they are at risk.
Exam	The assessment is taken during the course and is within the expected duration.