

RFA201

## Manual Handling (GWO)

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<b>Duration</b>	2 days
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<b>Target group</b>
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<b>Prerequisites</b>	<p>No training prerequisite required.</p> <p>Delegates must be demonstrably medically fit and capable of fully participating.</p> <p>Delegates may not exceed the weight limit of 124kg due to the weight limitations of the equipment which is used during the training.</p>
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<b>Objective</b>
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<b>Contents</b>
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<b>Exam</b>	<p>Upon completion of the course, delegates will be awarded with GWO approved Working at Height certification and Manual Handling certification.</p> <p>Certification is valid for 2 years. Prior to expiry delegates must retake GWO Working at Height Training to remain certified.</p>
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