

RSPBE001

GWO Manual Handling

Duration	½ day
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The Basic Safety Training (BST) is designed to provide personnel with the **Target group**

basic skills that will enable them to work in a safe manner in the wind industry and to meet emergency response training requirements for personnel new to the wind industry. It is designed to accommodate personnel working offshore.

Prerequisites No prerequisites

Objective The aims of this module are to give the participants awareness through

theoretical and practical training to encourage positive manual handling behavior and perform manual handling activities in a safer manner in the wind turbine industry/environment, in accordance with GWO Manual

Handling.

Contents All the learning outcomes which are stated in the GWO BST module

Manual Handling.

Which include:

- Global and National legislation

- Risks and hazards in work environment

- Spinal anatomy and posture

- T.I.L.E. principle (task - individual - load - environment)

Lifting techiques and behavioral safetyScenario based practical training

Exam The aims of this module are to give the participants awareness through

theoretical and practical training to encourage positive manual handling behavior and perform manual handling activities in a safer manner in the wind turbine industry/environment, in accordance with GWO Manual

Handling.

The validation period for each module is 24 months.

Course is conducted at RelyOnNutec Belgium training centre at Ostend.