

RSPBE001

GWO Manual Handling

Duration	½ day
Target group	The Basic Safety Training (BST) is designed to provide personnel with the basic skills that will enable them to work in a safe manner in the wind industry and to meet emergency response training requirements for personnel new to the wind industry. It is designed to accommodate personnel working offshore.
Prerequisites	No prerequisites
Objective	The aims of this module are to give the participants awareness through theoretical and practical training to encourage positive manual handling behavior and perform manual handling activities in a safer manner in the wind turbine industry/environment, in accordance with GWO Manual Handling.
Contents	All the learning outcomes which are stated in the GWO BST module Manual Handling. Which include: - Global and National legislation - Risks and hazards in work environment - Spinal anatomy and posture - T.I.L.E. principle (task - individual - load - environment) - Lifting techiques and behavioral safety - Scenario based practical training
Exam	The aims of this module are to give the participants awareness through theoretical and practical training to encourage positive manual handling behavior and perform manual handling activities in a safer manner in the wind turbine industry/environment, in accordance with GWO Manual Handling.
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