

## GWO Manual Handling

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**Duration**                      ½ day

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**Target group**                      The Basic Safety Training (BST) is designed to provide personnel with the basic skills that will enable them to work in a safe manner in the wind industry and to meet emergency response training requirements for personnel new to the wind industry. It is designed to accommodate personnel working offshore.

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**Prerequisites**                      No prerequisites

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**Objective**                              The aims of this module are to give the participants awareness through theoretical and practical training to encourage positive manual handling behavior and perform manual handling activities in a safer manner in the wind turbine industry/environment, in accordance with GWO Manual Handling.

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**Contents**                              All the learning outcomes which are stated in the GWO BST module Manual Handling.

Which include:

- Global and National legislation
  - Risks and hazards in work environment
  - Spinal anatomy and posture
  - T.I.L.E. principle (task - individual - load - environment)
  - Lifting techniques and behavioral safety
  - Scenario based practical training
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**Exam**                                      The aims of this module are to give the participants awareness through theoretical and practical training to encourage positive manual handling behavior and perform manual handling activities in a safer manner in the wind turbine industry/environment, in accordance with GWO Manual Handling.

The validation period for each module is 24 months.

Course is conducted at RelyOnNutec Belgium training centre at Ostend.