RelyOn Nutec
360° Safety

PBSRDL001

Stroke Awareness

Duration	30 Minutes
Target group	Other Industries (military; leisure; aviation; public; others; etc.)
Prerequisites	No prerequisites are required to sit this course.
Objective	LO1: What are strokes and why do they occur? LO2: Causes and types of stroke LO3: Symptoms of a stroke LO4: How you can help if you recognise that someone is having a stroke LO5: Stroke treatment and recovery LO6: Stroke prevention
Contents	The course includes information on the prevention and awareness of strokes. Also covering the symptoms of a stroke and how you can help if you recognise that someone is having a stroke. According to The Stroke Association, there are more than 100,000 strokes in the UK each year and over 1.2 million stroke survivors. Stroke is the fourth biggest killer in the UK.
Exam	The assessment is taken during the course and is within the expected duration.