

Course code	RSP001
Course name	GWO Manual Handling
Duration	1/2 Day
Target group	GWO Manual Handling training is aimed at personnel who will be working in the wind industry or related fields and will have their duties in a wind turbine environment, usually in physical contact with a wind turbine or an offshore wind structure.
Prerequisites	There are no training pre-requisites for this course.
Objective	The aim of GWO Manual Handling training is to teach delegates to support and care for themselves and others working in the industry by possessing Manual Handling knowledge and skills.
Contents	Demonstrate understanding of the importance of carrying out work duties in a safe and sound manner in accordance with the legislative requirements of their geographic location. Identify aspects of their job tasks that could increase a worker's risk of developing muscular/skeletal injuries. Demonstrate understanding of safe practices of Manual Handling, including the correct handling of equipment. Identify signs and symptoms of injuries related to poor Manual Handling techniques and have knowledge of reporting methods. Demonstrate a problem solving approach to Manual Handling in a wind turbine environment. Demonstrate Manual Handling risk reduction techniques.
Exam	Upon completion of the course, delegates will be awarded with a GWO approved Manual Handling certificate. Certification is valid for 2 years. Prior to expiry delegates must retake GWO Manual Handling Training to remain certified.