

Course code	OBS0042
Course name	Rigger Training Stage 1
Duration	3 Days
Target group	The Rigger Training Stage 1 is for personnel who have little to no training or experience in rigging and lifting operations.
Prerequisites	There are no training pre-requisites for this training course.
Objective	The objective of the Rigger Training Stage 1 course is to provide delegates with knowledge of rigging principles, general hazards and risks of rigging and lifting operations, an awareness of relevant legislation and regulation, and an opportunity to practice basic rigging operations following a lifting plan.
Contents	<p>The course consists of a mix of ongoing theoretical and practical training designed to give delegates the chance to practice rigging and lifting operations, focussing on the following areas:</p> <ul style="list-style-type: none">• Role and responsibilities of a rigger• Health & safety legislation• LOLER and PUWER regulations• Work hazards and PPE• Lifting plans, risk assessments and preparing to lift• Lifting operations including varied lifting techniques for challenging environments• Post-lift best practice and procedures
Exam	<p>The course is a mix of both practical and theoretical sessions during which delegates will be required to demonstrate their knowledge and understanding of the course contents. Upon completion of the course, delegates will be awarded with an OPITO-approved Rigger Training Stage 1 certificate. Certification is valid for 2 years. Prior to expiry delegates must complete the Rigger Training Stage 2 Logbook and Rigger Competence Stage 3 Assessment to progress to a Stage 3 certificate.</p>