

MSE015

Personal Survival Techniques

Duration	1 Day
Target group	The Certificate of Proficiency in Personal Survival Techniques course is for any person working, or planning to work, commercially in waters that are bound by the STCW Convention & Code.
Prerequisites	There are no training pre-requisites for this course.
Objective	The objective of the Proficiency in Personal Survival Techniques training is to give delegates intending to go to sea, the essential basic knowledge and experience of personal survival principles and techniques that can be applied to maximise their chance of survival in the event of a marine incident.
Contents	<p>The Certificate of Proficiency in Personal Survival Techniques course covers a variety of topics including:</p> <ul style="list-style-type: none">• Appreciation of emergency conditions• Life-saving & personal protective equipment carried on ships and in survival craft• Emergency preparedness: Muster and abandonment actions• In-water survival techniques
Exam	<p>Delegates will be continually assessed against the course contents and requirements of the STCW code.</p> <p>Upon completion of the course, delegates will be issued with an MCA-approved Proficiency in Personal Survival Techniques certificate which is valid for 5 years upon which time delegates must again refresh their knowledge.</p>