

Course code	MSE004
Course name	High Speed MOB Coxswain Refresher
Duration	2 Days
Target group	The High Speed MOB Coxswain Refresher is for personnel who are directly involved in the launching and operation of Man-Overboard Boats (MOB) and equipment, and need to refresh and upgrade their knowledge and proficiency regarding their emergency function.
Prerequisites	Delegates must have completed OPITO or Norsk olje og gass approved survival training and have a basic or refresher High Speed MOB Coxswain certificate and be in possession of a VHF/SRC certificate.
Objective	The objective of the High Speed MOB Coxswain course is to teach delegates to correctly launch, operate and recover a boat and its equipment, to conduct a search, pick up survivors and carry out life support and first aid.
Contents	<p>The High Speed MOB Coxswain Refresher will include a selection of elements taken from the basic course with emphasis on practical training and exercises, in topics which include the following:</p> <ul style="list-style-type: none">• Cooperation and communication between MOB boat and installation/vessel• Practical use of the boat-launch and recovery• Davits and release systems• Manoeuvring and search exercises, including night search• Transfer of injured or rescued people to installation/vessel• Primary first aid and life support• Surface swimming• Emergency VHF communications• Coordination of actions and action drills
Exam	The course is a mix of both practical and theoretical sessions during which delegates will be required to demonstrate their knowledge and understanding of the course contents. Upon completion of the course, delegates will be issued with a RelyOn Nutec High Speed MOB Coxswain Refresher in accordance with OLF certificate. Certification is valid for 2 years.