

## LFA047

## First Aid at Work Annual Refresher

Duration	1/2 Day
Target group	As strongly recommended by HSE this course provides holders of First Aid at Work certification with refresher training to maintain their basic skills and keep up to date with any
Prerequisites	Delegates attending must be in possession of an in date HSE approved First Aid certificate
Objective	The course consists of a combination of theory and practical training modules based on the HSE first aid at work requirements.  To providing personnel with updated information and practical application of basic skills
Contents	Understand the role of the first aider including reference to:  assess the situation in an emergency administer first aid to a casualty who is unconscious (including seizure) administer cardiopulmonary resuscitation administer first aid to a casualty who is wounded and bleeding administer first aid to a casualty who is suffering from shock
Exam	Successful delegates will be issued with a completion certificate, validity 1 year