

LFA001

## First Aid at Work Requalification including the use of AED

<b>Duration</b>	2 Days
<b>Target group</b>	This programme is designed to provide to provide designated personnel within industry with the knowledge and skills required to administer safe and effective first aid at work. The training is appropriate for personnel in possession of a first aid certificate and is designed to meet the requirements of the Health and Safety at Work Act and the Health and Safety (First Aid ) regulations for refresher training.
<b>Prerequisites</b>	Delegates attending must be in possession of an in date First Aid at Work certificate
<b>Objective</b>	The course consists of a combination of theory and practical training modules based on the Health and Safety (First Aid) regulations for refresher training.
<b>Contents</b>	<p>Delegates will receive refresher training covering the following topics and includes relevant updates and new techniques.</p> <p>Basic Anatomy and Physiology - respiratory / circulatory / nervous systems            Care of the unconscious casualty - examination &amp; management for breathing and non-breathing casualty            Correct use of an automatic external defibrillator (AED)            The recovery position - side lying position / positioning using blanket and stretcher            Resuscitation - demonstrate correct resuscitation procedures            Shock - recognition and treatment            Wounds and bleeding - personal hygiene in treating wounds / dress, bandage and immobilise injured parts / treatment and control of external and internal bleeding            Burns - recognition and treatment of thermal, chemical and electrical burns            Fractures - recognition and treatment            Poisons - types and effects of poisoning            Illness and medical emergencies - recognise and treat minor illness            Eye Injury - examination &amp; treatment of black eye / corneal abrasions / loose &amp; embedded foreign bodies / chemical burns / eyelid &amp; eyeball burns            Casualty simulation exercise.</p>
<b>Exam</b>	Delegates will be assessed against the learning outcomes by oral and practical examination or by written and practical examination.