

Confined Space Entry Training – Level 3

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| Duration | 2 days |
| Target group | This course is aimed at persons working in confined spaces which have non-standard entries and which, in consequence, makes rescue difficult. It is likely that a hazard will be present at some time during the entry and will entail the use of self-contained open circuit breathing apparatus |
| Prerequisites | It is the responsibility of the employer or delegates to assess their ability and fitness to safely attend this training programme. |
| Objective | <p>The course is designed for the delegates to acquire basic knowledge and skills through a combination of lecture presentations, group discussions, demonstrations, individual & team exercises utilising a confined space simulator based in accordance with the HSE confined space regulations.</p> <p>The training course has been designed to meet the Performance Criteria of the National Occupational Standards: Working in High Risk Confined Spaces</p> |
| Contents | <p>Relevant Legislation and Guidelines</p> <p>Classification of Confined Spaces</p> <p>Confined Space Hazards (including Oxygen Deficiency and Enrichment)</p> <p>Safe Working Procedures (including use of Confined Space Entry Permits/ Gas Monitoring and Atmospheric Testing/ Ventilation/ Communication methods)</p> <p>Equipment and Tools (including use of Gas Testers)</p> <p>Working in Teams (including Standby Persons/ Entrants/ Emergency Teams)</p> <p>Practical Exercise - Prepare to enter and work safely in high risk confined spaces</p> <p>Practical Exercise - Enter and exit confined spaces safely</p> <p>Procedures for dealing with emergencies (including the need for rescue plans)</p> <p>Purpose and requirements for using breathing apparatus</p> <p>Legislation covering BA</p> <p>The components and make up of a BA set</p> <p>Pre-use checks and tests</p> <p>Safe Use of BA and adhering to procedures</p> <p>After Use Checks</p> <p>Practical Exercise - Preparing and Using Self Contained Breathing Apparatus</p> <p>Practical Exercise - BA Walkaround</p> <p>Practical Exercise - Entry and Emergency Exit from Confined Space</p> <p>Knowledge Assessment</p> |
| Exam | <p>Successful delegates will be issued with a RelyOnNutech certificate of course completion</p> <p>Course are conducted at RelyOnNutech training centres at Aberdeen and Teesside</p> |

