

## LBSRDL023

## Introduction to Control of Work (CoW)

**Duration** 60 Minutes

**Target group** Oil & Gas Industry

**Prerequisites** No prerequisites are required to sit this course.

**Objective** LO1: Describe the Control of Work system

LO2: State the purpose of the Control of Work system LO3: Identify the responsibilities of every person within the Control of

Work system

LO4: Identify the elements within the Control of Work system LO5: List the five steps within the Control of Work system

LO6: Explain how to plan within the Control of Work system LO7: Explain the Risk Assessment process within the Control of Work

system

LOS: Explain how work is controlled under a Permit to Work

LO9: Explain the Life Cycle of the Permit to Work

LO10: Describe the Communication Processes within the Control of Work

system

LO11: Summarise Lock Out Tag Out

LO12: Describe Sub-systems within the Control of Work system

**Contents** The course is available in the following languages: English; Norwegian;

German; Dutch; Turkish.

This course is suitable for all members of the work party. Real life examples of failures within Control of Work systems and their

consequences will demonstrate why following procedures within Control of Work systems is essential. Candidates will also learn about Planning, Risk Assessment, Permit to Work, Lock Out Tag Out, Sub-Systems, Toolbox Talks and the responsibilities of every person under the Control of Work

system.

**Exam** The assessment is taken during the course and is within the expected

duration.