

Course code	LBS1034
Course name	Practical Management of Work at Height Unit 7
Duration	1 Day
Target group	This course is designed for supervisors or managerial personnel who actively work at Height and who use Harnesses and other associated equipment to carry out their duties, as it provides grounding in the essentials of health and safety and will provide the underpinning knowledge that is required to Manage safety of work at height
Prerequisites	N/A
Objective	<p>This course is aimed to provide delegates with the knowledge and understanding of safety measures and fall prevention techniques when working at height and work based training scenarios</p> <p>In addition the course is developed to ensure candidates get a detailed knowledge of the application of the hierarchy of risk, selection of Working at Height methods.</p>
Contents	<p>THEORY Complying with W.A.H.R, HASWA, M.H.S.W.A, PUWER, LOLER Hierarchy of WAH equipment selection Equipment inspection, maintenance and documentation Selecting the appropriate equipment Safe use of Ladders Safe Use of Scaffolding Platforms and MEWPS Recognising the hazards when working at height Fall Prevention Fall Restraint - Fall Control/Arrest Systems Fall Arrest Trauma Rescue of casualty Managing Safety Risk assessment Accident / Incident Reporting</p> <p>PRACTICAL Identification of equipment, to include types of visual damage Correct donning of Harness, including pre-use checks Ladder ascent and descent using temporary and permanent systems Work restraint systems Fall arrest systems Use of Horizontal Safety life lines Work at Height Risk Assessment Rescue Plans</p>
Exam	<p>On successful completion of this course delegates would have completed a theoretical test, and have participated in the practical content relating to various equipment used when working at height and various fall prevention techniques</p> <p>On successful completion of this course, delegates will be issued a RelyOnNutec certificate. (Valid for 3 Years)</p>