

LBS1016

Management of Work at Height Unit 4

Duration 1 day

Management of Work at Height is a one day course for 10 delegates. **Target group**

The training is tailored to suit supervisors or managerial personnel. It provides grounding in the essentials of health and safety and why they must work safely. In addition the course is developed to ensure candidates get a detailed knowledge of the application of the hierarchy of risk, selection of Working at Height methods. The course identifies the regulations, standards to be followed to be compliant with current

legislation.

Delegates will also gain valuable knowledge in equipment standards, markings, inspection, maintenance and documentation which will provide the underpinning knowledge that is required to Manage safety of work at

height.

Prerequisites N/A

Objective The training is delivered by theoretical input and discussions based on set

safety modules set in a high impact interactive package.

Contents

Health and Safety Ownership
The lifting Operations and Lifting Equipment Regulations 1998
The Provision and Use of Work Equipment Regulations 1998

The Working At Height Regulations 2005 Hierarchy of Work at Height equipment

Equipment inspection, maintenance and documentation (with examples in

class)

Selecting the appropriate equipment

Safe selection/use of ladders

Safe selection/use of Platforms, MEWPS

Fall prevention Fall restraint Fall arrest trauma Rescue of casualty Managing Safety Risk assessment

Accident / Incident Reporting

Exam Delegates who successfully complete the written and practical

assessments will be awarded a certificate

Upon successful completion of course delegates will be Issued a RelyOn

Nutec certificate. Valid for 3 years