

LBS071

## Working at Height\_Unit 1

<b>Duration</b>	0.5 Days
<b>Target group</b>	With the latest changes to Working at Height employers need to re-assess and monitor their staff who are working at height. This course is designed for 10-15 delegates who actively work at Height and who use Harnesses and other associated equipment to carry out their duties.
<b>Prerequisites</b>	None
<b>Objective</b>	This course is aimed to provide delegates with the knowledge and understanding of safety measures and fall prevention techniques when working at height.
<b>Contents</b>	<p>THEORY</p> <p>Complying with W.A.H.R, HASWA, M.H.S.W.A, PUWER, LOLER Hierarchy of WAH equipment selection Equipment inspection, maintenance and documentation Selecting the appropriate equipment Safe use of Ladders Safe Use of Scaffolding Platforms and MEWPS Recognising the hazards when working at height Fall Prevention Fall Restraint - Fall Control/Arrest Systems Fall Arrest Trauma</p>
<b>Exam</b>	<p>On successful completion of this course delegates would have completed a theoretical test</p> <p>On successful completion of this course, delegates will be issued a RelyOn Nuteccertificate. (Valid for 3 Years)</p>