

LBS00197

## ECITB Manual Handling

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|----------------------|---|
| <b>Duration</b>      | 0.5 days  |
| <b>Target group</b>  | This training standard is designed to meet the basic training and competence requirements for all personnel working within Engineering construction industry and any associated site or project infrastructure  |
| <b>Prerequisites</b> | N/A   |
| <b>Objective</b>     | <p>On successful completion of training the delegate will be deemed to have demonstrated individually, basic practical skills and the competence in:</p> <ul style="list-style-type: none"><li>•Individual safe lifting techniques</li><li>•Group safe lifting techniques</li></ul>   |
| <b>Contents</b>      | <p>Relevant Health &amp; Safety Legislation<br/>Manual Handling Hazards<br/>Physiology<br/>Manual Handling Operations<br/>Manual Handling Practical Exercises<br/>Knowledge Assessment</p>  |
| <b>Exam</b>          | <p>Assessment of the Learning Outcomes as per the ECITB standard will be assessed via a written question paper and via observation</p> <p>Delegates will be awarded an ECITB approved certificate which is valid for 3 years once they successfully pass the knowledge assessment and practical assessment.</p> <p>Course can be delivered at both Teesside and Aberdeen training centres</p> |