

LBS00191

ECITB Working at Height

Duration	1 day
Target group	The course is designed for candidates who are actively involved in working at height
Prerequisites	N/A
Objective	The course provides an outline of the legislation, equipment standards, marking, inspection, record keeping and maintenance. Training is given in the correct practical use of PPE along with a theoretical knowledge, intended purpose and as close as possible to the candidates work situation
Contents	<p>Theory</p> <ul style="list-style-type: none"> •Complying with WAHR, HASWA, MHSWR, PUWER, LOLER •Hierarchy of WAH equipment selection •Equipment, inspection, maintenance and documentation •Selecting the appropriate equipment •Safe use of ladders •Safe use of scaffolding platforms and MEWPS •Recognising the hazards when working at height •Fall prevention •Fall restraint •Fall Arrest Trauma <p>Practical</p> <ul style="list-style-type: none"> •Identification of equipment, to include types of visual damage •Correct donning of Harness, including pre-use checks •Ladder ascent and descent using temporary and permanent systems •Work restraint systems •Fall arrest systems
Exam	<p>Assessment of the Learning Outcomes will be by the means of multiple-choice question paper and via observation of the practical exercises</p> <p>Delegates will receive an ECITB approved certificate which is valid for 3 years once they have successfully completed knowledge assessment and practical assessment</p> <p>Course can be conducted at both FSSUK training centres in Teesside and Aberdeen</p>