

Course code	PFA608
Course name	First Aid/CPR/AED/Bloodborne Pathogens
Duration	4 hours
Target group	Onshore and Offshore Employees
Prerequisites	None
Objective	<p>Upon completion of this course, the delegate will be able to:</p> <ul style="list-style-type: none"> - Recognize a medical emergency. - Make a decision to help. - Identify hazards and ensure personal safety. - Understand how/when to activate the EMS. - Provide supportive, basic first aid care including CPR. - Exhibit a level of awareness of the dangers of BBP and preventative measures of protection
Contents	<p>Basic Plus CPR/AED/First Aid</p> <ul style="list-style-type: none"> - Preparing to Help <ul style="list-style-type: none"> * First Aid Provider * Protecting Yourself * Legal Considerations * Calling for Help * Emergency Moves - CPR and AED <ul style="list-style-type: none"> * Cardiac Arrest * Chest Compressions * Rescue Breaths * Automated External Defibrillation * Primary Assessment * Caring for Cardiac Arrest * Multiple Provider Approach to CPR * Choking - Assessment <ul style="list-style-type: none"> * Primary Assessment (responsive person) - Sudden Injury <ul style="list-style-type: none"> * Control of Bleeding * Shock * Head, Neck, or Back Injury * Swollen, Painful, or Deformed Limb * Burns * Minor Injuries - Sudden Illness <ul style="list-style-type: none"> * Altered Mental Status * Breathing Difficulty , Shortness of Breath * Pain, Severe Pressure, or Discomfort in the Chest * Poisoning - Environmental Emergencies <ul style="list-style-type: none"> * Heat Emergencies * Cold Emergencies <p>Bloodborne Pathogens</p> <ul style="list-style-type: none"> - OSHA Bloodborne Pathogens Standard - Specific Bloodborne Pathogens (Hepatitis B Virus -HBV, Hepatitis C Virus-HCV, Human Immunodeficiency Virus-HIV) - Hepatitis B Immunization - Your Company's Exposure Control Plan (job classifications, communicating a hazard in the workplace, reducing the risk of exposure, managing an exposure) - Transmitting bloodborne pathogens - Methods of Control the Risks of Exposure (standard precautions, PPE) - When an Exposure Occurs (post-exposure followup and prophylaxis-PEP) - Housekeeping (regulated waste, contaminated laundry, decontaminating surfaces)